

# **CRYSTAL TINCTURES**

**Human/Animal  
Spirit Bodies**

**One ounce - \$10.00**

## **EARTH**

**for centering, opening  
Citrine**

## **WATER**

**for soothing, protecting  
Smokey Quartz**

## **FIRE**

**stops anger, to balance  
Rose Quartz**

## **AIR**

**for addictions  
Amethyst**

**These statements have not been evaluated by the FDA.  
We do not claim to diagnose, treat, cure or prevent disease.**